



Rock Point Church  
Bill Bush | 4.20.2025

**BIG IDEA | Jesus stepped into our pain and out of the grave, so that we can do the same.**

**Jesus meets us in our pain, so we can overcome it.**

**John 11:32-35 (NLT)**

<sup>32</sup> When Mary arrived and saw Jesus, she fell at his feet and said, “Lord, if only you had been here, my brother would not have died.”

<sup>33</sup> When Jesus saw her weeping and saw the other people wailing with her, a deep anger welled up within him, and he was deeply troubled. <sup>34</sup> “Where have you put him?” he asked them.

They told him, “Lord, come and see.” <sup>35</sup> Then Jesus wept.

**He was alone, so we wouldn’t have to be.**

## Matthew 26:36–46 (NLT)

### Jesus Prays in Gethsemane

<sup>36</sup> Then Jesus went with them to the olive grove called Gethsemane, and he said, “Sit here while I go over there to pray.”

<sup>37</sup> He took Peter and Zebedee’s two sons, James and John, and he became anguished and distressed. <sup>38</sup> He told them, “My soul is crushed with grief to the point of death. Stay here and keep watch with me.”

<sup>39</sup> He went on a little farther and bowed with his face to the ground, praying, “My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine.”

<sup>40</sup> Then he returned to the disciples and found them asleep. He said to Peter, “Couldn’t you watch with me even one hour? <sup>41</sup> Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!”

<sup>42</sup> Then Jesus left them a second time and prayed, “My Father! If this cup cannot be taken away unless I drink it, your will be done.”

<sup>43</sup> When he returned to them again, he found them sleeping, for they couldn’t keep their eyes open.

<sup>44</sup> So he went to pray a third time, saying the same things again. <sup>45</sup> Then he came to the disciples and said, “Go ahead and sleep. Have your rest. But look—the time has come. The Son of Man is betrayed into the hands of sinners. <sup>46</sup> Up, let’s be going. Look, my betrayer is here!”

**Jesus suffered, so we can be saved.**

### **John 19:28–30 (NLT)**

#### The Death of Jesus

<sup>28</sup> Jesus knew that his mission was now finished, and to fulfill Scripture he said, “I am thirsty.” <sup>29</sup> A jar of sour wine was sitting there, so they soaked a sponge in it, put it on a hyssop branch, and held it up to his lips. <sup>30</sup> When Jesus had tasted it, he said, “It is finished!” Then he bowed his head and gave up his spirit.

### **Luke 24:1-6 (NLT)**

#### The Resurrection

<sup>1</sup> But very early on Sunday morning the women went to the tomb, taking the spices they had prepared. <sup>2</sup> They found that the stone had been rolled away from the entrance. <sup>3</sup> So they went in, but they didn’t find the body of the Lord Jesus. <sup>4</sup> As they stood there puzzled, two men suddenly appeared to them, clothed in dazzling robes.

<sup>5</sup> The women were terrified and bowed with their faces to the ground. Then the men asked, "Why are you looking among the dead for someone who is alive?" <sup>6</sup> He isn't here! He is risen from the dead! Remember what he told you back in Galilee,"

### GROUPS QUESTIONS:

1. What stood out to you about this week's sermon?
2. How have you personally experienced Jesus meeting you in a moment of pain or grief, like He did with Mary in John 11? (Reflect on times when God's presence felt especially near during hardship.)
3. What does Jesus' weeping in John 11:35 tell you about His heart for people? How does that shape your view of God?
4. In what ways does the Garden of Gethsemane scene (Matthew 26:36-46) show Jesus' humanity? Why is that important for our own struggles?
5. Jesus was alone in His suffering so we wouldn't have to be. How does that truth impact how you approach loneliness or isolation today?

6. "It is finished." What do those three words from John 19:30 mean to you personally? How do they influence your faith or daily life?
7. The resurrection wasn't just a moment in history-it changed everything. How has the reality of the resurrection changed your life?
8. Why do you think the angel asked, "Why are you looking among the dead for someone who is alive?" (Luke 24:5) How might we sometimes do the same in our spiritual lives?
9. What might it look like in your own life to "step out of the grave" and live in the victory of the resurrection today?